

**MFS REPORT****Name****Year and term for exchange**

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Spring 2023

Country for the project

Mozambique

Degree programme

Degree Programme in Industrial Engineering and Management

Minor Field Study in Linga Linga, Mozambique

Before departure

I really like to travel, so when I had the opportunity to do my bachelor's thesis as an MFS, I took the chance. During a previous presentation about MFS, I got the chance to hear about Project Vita, so me and my thesis partner decided to contact them. We both had an interest in digital learning, so it was natural to pick that project, and after some discussions with Project Vita it was decided. We took some vaccinations (e.g., Cholera, yellow fever) and went through a VISA application to enter Mozambique. The organization was helpful and made sure that we got through the entire process.

Upon arrival

We arrived in the beginning of April and stayed for two months until the end of May. We started our project with having several meetings with key stakeholders for our project.

Financials

Food is generally a lot cheaper than in Sweden. The biggest costs came from different activities we chose to do, such as snorkelling, safari and traveling. If you have the possibility, I recommend saving a bit of cash in order to do fun side activities, it really made the whole experience a lot more fun.

Accommodation

We got accommodation through Project Vita. We lived in beach bungalows during our entire stay, and it was great. Breakfast was included with the housing cost which was 2100 SEK/week. It was a real positive to be able to go for a swim in the ocean after a long, warm day.

Project

Our project was about how to increase digital literacy using digital learning tools. We got our user requirements at the local school of Linga Linga, with the class of seventh graders. We then created a webpage to help teach internet usage. Our contact person helped us throughout the entire process, with translation, contacting key stakeholders and other resources. The results were shared with different political and social leaders in the area by our contact person.

Country

Mozambique is a wonderful country with great nature and kind, hospitable people. The climate was very different from Sweden, being more humid and warmer. We got to experience different parts of Mozambican culture. We visited a church, created traditional crafts, danced, and made different types of local food. It was such a great experience to get an extensive view of Mozambique's culture.

Leisure and social activities

We went snorkelling two times, one time in Tofo to find whale sharks and one time in Vilanculos in a reef. Both times were amazing, and I really recommend snorkelling or diving in Mozambique. We also went to safari in a national park and saw many different animals. It was quite difficult to truly get to know locals in the village, since almost no one spoke English. But in the bigger cities, more people spoke English which made it possible to get to know more people.

Sustainability

It was quite difficult to live sustainably during our stay, since there was no recycling of any kind, all trash was burned. We ate as much locally made food as possible and followed the seasonal fruits and vegetables of Mozambique. We walked whenever we could, we lived close to the village and could walk to do our workshops and interviews.

Our project was connected to the Global Sustainable Development Goals through SDG 4: Quality Education, and SDG 9: Industry, Innovation and Infrastructure.

Other recommendations and observations

If you have the opportunity to travel abroad for your thesis, do it! I am so happy and grateful that I got the chance to go. Mozambique is a great place to explore and travel to.